What Type of Mask Should I Wear?



Most Protection

Some Protection

No Protection













High Filtration (Respirators, N95, KN95)

Surgical Masks

(Fashion Masks)

Neck Gaiters

Face Shields

No Mask or Mask worn wrong

DO wear masks if...



They fit securely over your nose, mouth, and chin

They have a wire on the inside that fits over the bridge of your nose



No holes or gaps around the mask



You have multiple layers of a cloth mask available



The cloth fabric is thick enough that it blocks light when held to a bright light source

Do NOT wear masks if...



They are wet or dirty

There are gaps around the sides of the face or nose



It is hard to breathe while wearing them



The cloth mask is a single layer of thin fabric, meaning it does not block light when held to a bright light source



The mask has holes, vents, or other openings

Don't wear another mask under a high filtration mask

The COVID-19 vaccine is the best way to stop serious illness from COVID-19. Sometimes, people who have been vaccinated may still need to wear a mask

The CDC monitors the number of people in your community in the hospital with COVID-19. When there are a lot of people in the hospital, your community is considered high risk. When your community is considered high risk, you should wear a mask in most indoor public places.

For up-to-date information, visit

www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html